



**King County**

OFFICE OF EQUITY & SOCIAL JUSTICE

**COVID-19**

**RESOURCE GUIDE**

LAST UPDATED 4/6/2020

**SMALL  
BUSINESS  
OWNERS**

**IMMIGRANT  
AND  
REFUGEE  
COMMUNITIES**

**UNEMPLOYMENT  
PUBLIC HEALTH  
HOUSING  
CASH & UTILITIES**

# COVID-19 RESOURCE GUIDE

In this time of uncertainty, it may be difficult to find the support you need to take care of your families. Fortunately, many government programs have expanded their eligibility requirements due to the coronavirus pandemic. For a full list of state programs that you may qualify for, fill out this survey on [Washington Connection](#). If you are looking for a specific service, select any of the sections below to be directed to resources you are looking for.

**COVID-19 RESOURCE GUIDE**..... 2

**UNEMPLOYMENT**..... 3

**HOUSING** ..... 4

**UTILITIES**..... 6

**CASH ASSISTANCE** ..... 7

**FOOD ASSISTANCE** ..... 8

**RESOURCES FOR UNDOCUMENTED IMMIGRANTS** ..... 10

**RESOURCES FOR UNDOCUMENTED IMMIGRANTS CONTINUED** ..... 11

**SMALL BUSINESS LOANS AND DISASTER ASSISTANCE** ..... 12

**KING COUNTY IN-LANGUAGE RESOURCES** ..... 13

## CONTACT:

<p><b>Immigrant and Refugee Inquiries</b></p> <p><b>Hamdi Mohamed</b> Immigrant and Refugee Policy Advisor <a href="mailto:Hamdi.mohamed@kingcounty.gov">Hamdi.mohamed@kingcounty.gov</a></p>	<p><b>Language Access Inquiries</b></p> <p><b>Senayet Negusse, M.Ed. (sun-night)</b> Language Equity Program Manager Office of Equity &amp; Social Justice <a href="mailto:snegusse@kingcounty.gov">snegusse@kingcounty.gov</a></p>
---	---

## UNEMPLOYMENT

If you have become unemployed during the coronavirus pandemic, the quickest way to apply for unemployment benefits is on the WA Employment Security Department website. If you were laid off as a result of COVID-19, you are likely eligible, even if you are self-employed or have not worked the normally required 680 hours. This includes Lyft and Uber employees. Also, the one week waiting period for unemployment benefits is being waived. In addition, the federal Coronavirus Stimulus package has added \$600 to each weekly unemployment payment through July 31st.

Before you apply, make sure to have this information ready ([ESDWA](#)):

- **Your Social Security numbers.** Federal law requires you to provide this to receive benefits.
- **The name and address of your very last employer**, regardless of how long you worked there or what type of work you did.
- **The date you last worked** for your very last employer. The system will not accept a future date. If you are still working, you can use the date you apply.
- **The names and addresses of all your other employers during the last two years.** You must list all of your employers for the last two years. On the online application, there is room to list up to 16 employers. If you worked for more than 16 employers in the last 2 years, you must file your claim by calling the claims center.
- **The dates you worked for all employers.** Use your best estimate if you do not remember the exact dates. You must report this information to us because your employer does not. They only report your wages and hours to us.
- **If you normally get your work through a union**, the **name** and **local number** of your union.
- **If you were in the military during the last two years**, your **DD214**, any member copy, 2 through 8.
- **If you were a federal employee in the last two years**, your **Standard Form 8** (SF8) --Notice to Federal Employees About Unemployment Insurance, and **Standard Form 50** (SF50) --Notice of Personnel Action is not required but will speed up the processing of your claim.
- **If you're not an U.S. citizen**, your **alien registration number** issued by the United States Citizenship and Immigration Services (USCIS).

Once you have your information ready, [you can apply here](#). (<https://secure.esd.wa.gov/home/>) If you need additional support, the Unemployment Law Project is offering their free legal help. [You can go to their website for more information](#) or call them at 206-441-9178. Free interpretation is available in all languages. (<http://unemploymentlawproject.org/covid-19/>)

## HOUSING

### Mortgages and Rents

If you are not able to afford your rent or mortgage for the month because of the pandemic, contact your landlord or lender immediately. Many lenders are deferring payments for homeowners.

**Moratorium on Evictions** - Governor Inslee has called for a statewide moratorium on evictions until April 17th, which means you cannot be evicted from your housing during this time. More specifically, the declaration prohibits landlords from giving you a 20-day notice unless it is “necessary to ensure the health and safety of the tenant or other individuals.” Landlords also can’t sue you for your failure to pay your rent. Finally, law enforcement is prohibited from acting on eviction orders. ([Office of the Governor](#))  
If you need help with your housing situation, there are a number of organizations who are able to help you.

- [Catholic Community Services](#) - (206) 328-5724 - This organization King County resident’s emergency assistance. This non-profit provides move-in cost assistance, eviction prevention, emergency rent help, and limited motel and shelter vouchers at most once per year. (<https://ccsww.org/get-help/housing/>)
- [El Centro De La Raza](#) - (206) 329-0786 - This organization provides assistance for various types of housing emergencies. (<http://www.elcentrodelaraza.org/get-help/housing-economic-development/>)
- [Washington Homeownership Hotline](#) - (877) 894-4663 - If you have any questions related to homeownership during this crisis, you can call this number. For information on mortgages during the pandemic, [visit their website](#). (<https://dfi.wa.gov/homeownership>)
- [Saint Vincent de Paul Financial Assistance](#) - (206) 767-6449 - This non-profit offers personal assistance with food, clothing, gasoline, medicine, rent, utilities, and transportation to people facing economic or emotional crises. People of all backgrounds and religions can get assistance. (<https://svdpseattle.org/get-help/online-help-request-form/>)
- [World Relief Seattle](#) - (253) 277-1121 - This organization provides assistance for refugees and immigrants new to the United States. (<https://worldreliefseattle.org/>)
- [Men’s homeless shelter](#) -operating in Kent, Renton, and Federal Way. Intake through Catholic Community Services SKC Shelter services (253) 854-077
- [King County Women’s Winter shelter](#) - YWCA Angeline’s 2030 3rd Ave Seattle (between Lenora and Virginia). Women register at the Women’s Referral Center between 6 PM - 9 PM daily. After 9 PM, drop in or call (206) 436-8650.
- [Hospitality House](#)- Serves single women, no children at 16003 14th Ave SW, Lake Burien Presbyterian Church. Screenings at (206) 242-1860

- [REACH Center](#)- Day shelter (some overnight shelter for families) for women and children 1055 S Grady Way- P2, (425) 277-7594, day shelter only 8 PM - 5 PM Monday-Friday. REACH provides meals, clothing, laundry and shower facility.
- [Youth Housing Connection for Homeless Young Adults 18-25](#) - In person appointments take place at various agencies depending on the day and time, (206) 328-5796 for information.
- [Family Housing Connection](#) for homeless families living in places not meant for human habitation 2-1-1 or 1-800-621-4636. Families must be literally on the street, or in cars. Motel stay or doubled up does not qualify.
- [Tent Cities - Seattle](#) (206) 399-0412 -Call for availability. Self-managed outdoor encampments for men, women & couples. Locations rotate.
- [Safe Parking- Compass Housing Alliance](#) - (206) 474-1815 Call voicemail for intake into programs hosted at three churches. Families have priority. Vehicles must fit into standard size parking stall. Kent United Methodist Church 11010 SE 248th Kent. Call for intake (206) 930-3128.

[Where can I get help regarding my current landlord?](#) → Tenants Union (206) 723-0500

[I'm being evicted - what should I do/who do I call to help me](#) → 2-1-1

#### [Emergency/Transitional Housing](#)

YMCA 206-461-4882

Emergency Housing info. 206-854-3437

Emergency Housing Info. Seattle 206-431-3660

Catholic Community Services 206-328-5696

#### [Rental Assistance](#)

Hope Line 425-869-6000

Hope link (Eastside) 425-556-9289

Solid Ground Tenant Services 206-694-6767

Community Information 206-461-3200

Catholic Housing 206-328-5731

DSHS 206-341-7428

Housing & Essential Needs Programs 206-328-5755

King County Crisis Clinic 1800-621-4636 or 206-461-3222

Supportive Services for Veteran Families 206-545-2344

You can find a more extensive [list of resources in Seattle here](https://tinyurl.com/uopjdl). (<https://tinyurl.com/uopjdl>)

You can find a more extensive [list of resources across the state here](https://tinyurl.com/w4anaa5). (<https://tinyurl.com/w4anaa5>)

## UTILITIES

Governor Inslee called on all public utilities in Washington State to suspend disconnection tariffs for nonpayment during this emergency, waive late fees for customers who are out of work or offering customers payment plans, and expand bill assistance programs for customers who are economically impacted by this emergency.

### Utilities

- **Snohomish Public Utility District** will not be disconnecting customers during this time. For more information, call Customer Service at 425-783-1000 or [visit their website here](#). (<https://www.snopud.com/Safety/covid19.ashx?p=3792>)
- **Puget Sound Energy** will not be disconnecting customers, is waiving late fees, and has a new [financial assistance portal for qualifying low-income customers here](#). (<https://www.pse.com/pages/bill-and-weatherization-assistance>)
- **Seattle Public Utilities (SPU) and Seattle City Light (SCL)** are offering deferred payment plans. Utilities will be kept on in Seattle throughout the COVID-19 crisis even if you can't afford to pay. Residential customers can set up deferred payment plans with SPU or SCL by calling 206-684-3000 or emailing [seattle.gov/utilities/about-us/email-question](mailto:seattle.gov/utilities/about-us/email-question).
- **Tacoma Public Utilities** - The City Council ordered the city's water, sanitary sewer, storm water, and solid waste utilities to postpone shutoffs for non-payment. The Council also approved the creation of an Emergency Assistance Program by Tacoma Public Utilities to allow more households to qualify for assistance. [Visit this page to see if you're eligible and apply](#). (<https://www.mytpu.org/emergencyassistance/>)

### Internet (Broadband and Wi-Fi)

- **Comcast** - Comcast is offering new Internet Essentials customers two free months of internet. You will receive a self-install kit that includes a cable modem with a Wi-Fi router. You can find more information here.
- **Xfinity Hotspots** - For 60 days, Xfinity Wi-Fi hotspots will be free to anyone, including non-Xfinity subscribers. All customers will receive unlimited data free of charge; and no late fees or disconnects as long as a customer contacts Comcast to explain the situation.
- **CenturyLink** - CenturyLink is waiving late fees, offering unlimited data to its customers and not disconnecting for nonpayment for 60 days.
- **AT&T** - AT&T is offering free WIFI hotspots, cancelling late fees, not disconnecting for nonpayment for 60 days. Like Comcast, AT&T is also providing free access to its public Wi-Fi hotspots. In addition, its consumer home internet wireline customers and fixed wireless internet customers would receive unlimited data.
- **Verizon** - Verizon is offering free Wi-Fi hotspots, cancelling late fees, and will not disconnecting for nonpayment for 60 days.
- **T-Mobile** - T-Mobile is offering unlimited data to all current customers who have plans with data for the next 60 days. They will also provide additional data to mobile hotspot users.

---

## CASH ASSISTANCE

**Temporary Assistance for Needy Families (TANF)** provides temporary cash and medical help for families in need. Refugees and immigrants may be eligible for TANF if they meet program criteria. The governor has expanded the eligibility requirements of the Family Emergency Assistance Program to include families without children. (DSHS)

To be eligible for TANF, your family must have resources of \$6,000 or less. Resources are things like:

- Checking and savings accounts
- Stocks, bonds, or mutual funds
- Vehicle equity over \$10,000

To see if you are eligible, first [take the prescreening survey](#). Then, to apply, [fill out the form](#). The form takes about 60 minutes to fill out and screening can take from 30-45 days. You can apply for multiple programs at the same time.

Pre-screening survey: <https://tinyurl.com/v2tlx83>

Application: <https://tinyurl.com/tuhfsgn>

If you want to fill out the form in a different language, you can [download the form for your preferred language](#). ([https://www.dshs.wa.gov/office-of-the-secretary/forms?field\\_number\\_value=14-001&title=](https://www.dshs.wa.gov/office-of-the-secretary/forms?field_number_value=14-001&title=))

### Community Cash Assistance Programs

- **National Domestic Workers Alliance Fund** - If you are a domestic worker (ex. home care worker, nanny and/or house cleaner), you may be able to receive \$400 in cash assistance from this fund. [You can apply here: https://membership.domesticworkers.org/coronavirus-care-fund/](#)
- **One Fair Way Emergency Fund** - If you work in the service industry, you may be able to receive a cash gift from this fund. [You can apply here: https://ofwemergencyfund.org/help](#)
- **Seattle Hospitality Emergency Fund** - This fund can be accessed by hospitality workers whose hours have been cut because of the pandemic and who are not being otherwise compensated. [You can apply here: https://www.surveymonkey.com/r/CHD7ZRY](#)
- **COVID-19 Financial Solidarity** - If you have a PayPal, Venmo, or CashApp account, you can request help [using this form: https://tinyurl.com/tw9karv](#). The organizers suggest requesting under \$500 to help you reach your goal.

**The Plate Fund**- Financial assistance for food service or restaurant workers who lives in King County, and has experienced a reduction in hours or been laid off as a result of the COVID-19 crisis can apply, including dishwashers, cooks, servers, bartenders, food truck employees and cafe attendants. People already receiving government support should not apply so people more in need may access these emergency funds

## FOOD ASSISTANCE

**COVID-19 Mutual Aid Solidarity Network** - If you are in need of food or other supplies, and you live in the Seattle area, [fill out a form](#) with the resources you need to have the dropped off at your door. They can cover up to \$50 of your groceries. (<https://tinyurl.com/whspv2n>)

**COVID-19 South King County and Eastside Mutual Aid** - If you are in need of food or other supplies, and you live in South King County or the Eastside, [fill out a form](#) with the resources you need to have the dropped off at your door. You can request financial support for your groceries if you need it. (<https://tinyurl.com/ud8955o>)

### **Food Support for Public School Students**

Despite the school closures, [many school districts](#) throughout King County are distributing lunches throughout the week. Families with their students are able to participate. Please visit your [local school district's website](#) for meal site locations.

### **FEEST Seattle Free Groceries for Families with Students at FEEST Schools**

Families with students at Chief Sealth, Evergreen, Rainier Beach, and Tye High Schools can request FREE groceries delivered to their homes. All you have to do is fill out an online form with your shopping list, contact information, and when you would like your delivery. [Visit this link to request groceries:](#) <https://www.feestseattle.org/grocery-delivery-for-feest-families/>

### **WA-BLOC Food Support for the Rainier Beach Community**

WA-BLOC is providing free hot lunch for students in the Rainier Beach Community every Tuesday and Thursday from 1:00 PM to 3:00 PM at Rainier Beach Community Center plaza while schools remain closed. You can find more information on [WA-BLOC's Facebook page](#). ([https://www.facebook.com/pg/wabloc/posts/?ref=page\\_internal](https://www.facebook.com/pg/wabloc/posts/?ref=page_internal))

### **Northwest Harvest SODO Community Market**

Northwest Harvest SODO Community Market is offering pre-bagged produce, prepared foods, and shelf-stable groceries right at the door. There is no need to enter the facility. This is open to anyone of ANY AGE. SODO Community Market is located in Seattle's SODO neighborhood at 1915 4th Ave S, near the corner of 4th Ave S & S Holgate St. More location and transportation information [can be found here:](#) <https://www.northwestharvest.org/sodo-community-market>

### **Meals on Wheels**

Meals on Wheels provides free home-delivered meals for individuals age 60+ who are unable to leave their homes. If you are under age 60, you can pay \$7 per meal to have your meals delivered. You can [apply online here:](#) <https://www.tfaforms.com/4734393>

### **Food Lifeline**

To find your nearest food bank, [enter your zip code here:](#) <https://foodlifeline.org/need-food/>



## CHILD CARE

If you need to work while the schools are closed, there are several resources offered by the WA Department of Social and Health Services that offer childcare.

**Child Care Aware** is a program equipped to assist families in finding child care near their homes and/or workplaces. Visit [the website](#) or call 800-446-1114 to connect with a team that will help you search for alternative child care. (<https://childcareawarewa.secure.force.com/providerupdate/CAWAOnlineLookUp>)

The state's **Families, Friends and Neighbor program** includes grandparents, aunts and uncles, elders, older siblings, friends, neighbors and others who help families by providing child care. Some families can receive help to pay their caregiver. Visit [the website](#) or call 866-482-4325 for more information. (<https://www.dcyf.wa.gov/services/earlylearning-childcare/ffn>)

**Free Broadband Internet for Students** - In order to help students, stay connected and in school, Altice is offering free broadband internet for all K-12 and college students for 60 days. You can apply [here](#): <https://www.alticeusa.com/news/articles/feature/corporate/altice-usa-brings-free-broadband-k-12-and-college-students-during-coronavirus-pandemic>

---

## RESOURCES FOR UNDOCUMENTED IMMIGRANTS

If you are undocumented, you may not be eligible for federal and state assistance. However, there are non-government resources that may be able to help you during this time.

### Cash Assistance Programs

If you are experiencing financial hardship, there are a number of funds that you can apply for.

- **Betancourt Macias Family Emergency Fund** - Any undocumented person can [apply for funds here: https://www.undocuscholars.com](https://www.undocuscholars.com)
- **National Domestic Workers Alliance** - If you are a domestic worker (ex. home care worker, nanny and/or house cleaner), you may be able to receive \$400 in cash assistance from this fund. [You can apply here: https://membership.domesticworkers.org/coronavirus-care-fund/](https://membership.domesticworkers.org/coronavirus-care-fund/)
- **One Fair Way Emergency Fund** - If you work in the service industry, you may be able to receive a cash gift from this fund. [You can apply here: https://ofwemergencyfund.org/help](https://ofwemergencyfund.org/help)
- **Seattle Hospitality Emergency Fund** - This fund can be accessed by hospitality workers whose hours have been cut because of the pandemic and who are not being otherwise compensated. [You can apply here: https://www.surveymonkey.com/r/CHD7ZRY](https://www.surveymonkey.com/r/CHD7ZRY)
- **COVID-19 Financial Solidarity** - If you have a PayPal, Venmo, or CashApp account, you can request help [using a form](#). The organizers will then put you on the waitlist to place you on the spreadsheet. They suggest requesting under \$500 to help you reach your goal. (<https://tinyurl.com/tw9karv>)
- **DACA Renewal Scholarships** - El Centro De La Raza is offering scholarships to Individuals who need financial support paying for their DACA renewals. They will send a check made out to the Department of Homeland Security in full. [Submit the form here: http://www.elcentrodelaraza.org/get-help/daca/?fbclid=IwAR3rhuFR-XBXrEQ\\_DsuVPIZ8C-EUmYGZb4RFcBv7tiBr33KJbMMi4ePvORQ](http://www.elcentrodelaraza.org/get-help/daca/?fbclid=IwAR3rhuFR-XBXrEQ_DsuVPIZ8C-EUmYGZb4RFcBv7tiBr33KJbMMi4ePvORQ)
- **COVID-19 Relief Fund for WA Undocumented Folks** - Applications will open April 8th, and they are estimating to distribute aid between \$500 - \$1,500 per individual. [Fill out this form to join their waitlist: https://tinyurl.com/vh2c8k4](https://tinyurl.com/vh2c8k4)

## RESOURCES FOR UNDOCUMENTED IMMIGRANTS CONTINUED

### Accessing Health Care

First and foremost — if you need care, go to the doctor. For your own safety and the safety of those around you, it is important that you are accessing health care if you are experiencing symptoms. Here is some important information to remember:

- If you are uninsured, testing is free and covered by the National Disaster Medical System.
- There are strict laws in place that protect the confidentiality of your visit. Immigration law enforcement is prohibited from conducting arrests in health care facilities, such as hospitals, health clinics, and urgent care facilities except in very limited circumstances.
- You do not need health insurance to visit the doctor. Community health centers offer free and reduced cost healthcare regardless of immigration status.
  - Find health centers near you: <https://findahealthcenter.hrsa.gov/>
  - Find free and charitable clinics: <http://www.nafclinics.org/find-clinic>
- To learn more about your rights when accessing healthcare, [read this fact sheet](https://protectingimmigrantfamilies.org/wp-content/uploads/2020/02/You-Have-Rights-Protect-Your-Health-Updated-February-2020-ENGLISH.pdf):  
<https://protectingimmigrantfamilies.org/wp-content/uploads/2020/02/You-Have-Rights-Protect-Your-Health-Updated-February-2020-ENGLISH.pdf>

**Housing** — All housing assistance programs listed above are available to undocumented immigrants. See “Housing” section above.

**Food and Supplies** — All the food assistance programs listed above are available to people regardless of immigration status. See “Food Assistance” section above.

[Check out this spreadsheet](https://tinyclinic.com/wrmeghk) for a constantly updating list of resources for undocumented immigrants:  
<https://tinyclinic.com/wrmeghk>

## SMALL BUSINESS LOANS AND DISASTER ASSISTANCE

### [Payroll Protection Program](#)

An SBA loan that helps businesses keep their workforce employed during the Coronavirus (COVID-19) crisis.

### [Coronavirus \(COVID-19\) SBA Disaster Assistance](#)

The U.S. Small Business Administration is offering designated states and territories low-interest federal disaster loans for working capital to small businesses suffering substantial economic injury as a result of the Coronavirus (COVID-19).

### [Coronavirus \(COVID-19\) SBA Relief Options](#)

Multiple funding options for those seeking relief

### [The CARES \(Coronavirus Aid, Relief and Economic Security\) Act Frequent Questions](#)

Association of Washington Businesses (AWB) has a page with frequently asked, and answered, questions related to COVID-19.

### [Coronavirus \(COVID-19\) SBA Guidance and Resources](#)

Coronavirus Funding Options and Guidance for Businesses and Employers

### [Other SBA Funding Programs](#)

Links to other SBA funding programs

### [How SBA Loan Programs Work](#)

The SBA works with lenders to provide loans to small businesses. The agency doesn't lend money directly to small business owners. Instead, it sets guidelines for loans made by its partnering lenders, community development organizations, and micro-lending institutions. The SBA reduces risk for lenders and makes it easier for them to access capital. That makes it easier for small businesses to get loans.

### [Washington State's Central COVID-19 Webpage](#)

This is Washington State's official COVID-19 website, maintained by the state Joint Information Center (JIC). The JIC is part of the Washington State Emergency Operations Center operated out of Camp Murray. This website includes information on: financial assistance for businesses and workers, insurance information for businesses, small business loans and small businesses and non-profits resources

[Working Washington Small Business Emergency Grants](#) is offering up to \$10,000 in emergency funding to assist small businesses impacted by COVID-19

**KING COUNTY IN-LANGUAGE RESOURCES**

<p><b>KING COUNTY IN-LANGUAGE RESOURCES</b></p>	<p><b>WASHINGTON STATE &amp; OTHER IN-LANGUAGE SOURCES</b></p>
<ul style="list-style-type: none"> <li>○ <a href="#"><u>Amharic</u></a></li> <li>○ <a href="#"><u>Arabic</u></a></li> <li>○ <a href="#"><u>Chinese</u></a></li> <li>○ <a href="#"><u>Filipino – Tagalog</u></a></li> <li>○ <a href="#"><u>French</u></a></li> <li>○ <a href="#"><u>Hindi</u></a></li> <li>○ <a href="#"><u>Hmong</u></a></li> <li>○ <a href="#"><u>Japanese</u></a></li> <li>○ <a href="#"><u>Khmer – Cambodian</u></a></li> <li>○ <a href="#"><u>Korean</u></a></li> <li>○ <a href="#"><u>Lao</u></a></li> <li>○ <a href="#"><u>Marshallese</u></a></li> <li>○ <a href="#"><u>Persian</u></a></li> <li>○ <a href="#"><u>Russian</u></a></li> <li>○ <a href="#"><u>Somali</u></a></li> <li>○ <a href="#"><u>Spanish</u></a></li> <li>○ <a href="#"><u>Thai</u></a></li> <li>○ <a href="#"><u>Tigrinya</u></a></li> <li>○ <a href="#"><u>Ukrainian</u></a></li> <li>○ <a href="#"><u>Vietnamese</u></a></li> </ul>	<ul style="list-style-type: none"> <li>○ <a href="#"><u>Washington State COVID Educational Materials 26+</u></a></li> <li>○ <a href="#"><u>Center for Disease Control (CDC) Resources in Languages other than English</u></a></li> <li>○ <a href="#"><u>American Sign Language COVID-19 resources</u></a></li> <li>○ <a href="#"><u>Washington State COVID-19 Video Series</u></a></li> <li>○ <a href="#"><u>Center for Disease Control (CDC) ASL COVID-19 Video Series</u></a></li> <li>○ <a href="#"><u>Harvard COVID-19 Fact Sheets in 30 languages</u></a></li> </ul>