



Developmental Screening and Referrals



Community Resource Guide for Families of Children with Autism in
Washington State

ASSESSMENT & TREATMENT CLINICS



Seattle Children's Hospital Autism Center

Seattle Children's Autism Center provides assessment, diagnosis, treatments and support for autism spectrum disorders.



4909 25th Ave NE, Seattle, WA 98105



206-987-8080

UW Autism Center

Clinical services, research, and training devoted to supporting individuals and families affected by autism spectrum disorders (birth through young adulthood).



Seattle: 1701 NE Columbia Rd, Seattle, WA 98195



(206) 221-6806



Tacoma: 1900 Commerce St, Tacoma, WA 98402



(253) 692-4711

International Center for Autism and neurodevelopment (I-CAN), Formerly Known as Lakeside Center for Autism.

A multidisciplinary program that provides both diagnostics and treatment for children with autism in addition to several neurodevelopmental disorders.



5150 Village Park Dr SE, Bellevue, WA 98006



(425)-657-0620

NW Autism Center

Information and referral to services, providers, support and resources in the Spokane area and beyond.



528 E. Spokane Falls Blvd Suite 14 Spokane, WA 99202



(509)-328-1582

HopeCentral

HopeCentral is a pediatric and behavioral health clinic in the Othello neighborhood of South Seattle. Unhurried appointments & after-hours physician access. HopeCentral provides select specialty services including ADHD/executive function evaluation, autism evaluation, and autism education.



3826 S Othello St, Seattle, WA 98118



(206) 455-9845

Ryther Center for Children & Youth

Therapy for children & youth with Autism, ADHD and other similar neuro-developmental traits. Therapist partner with your child and your family, to help develop strategies towards improved executive functioning, emotional regulation and social understanding.



2400 NE 95th Street, Seattle, WA 98115



(206) 517-0234

Mary Bridge Children's Hospital & Health Center

MultiCare service offerings address virtually every level of health care, from family medicine to specialty care, from emergency medicine to chronic disease management.



317 Martin Luther King Jr Way, Tacoma, WA 98405,



(800)-552-1419

University of Washington Child Development Clinic

The Child Development Clinic provides diagnosis, assessment and management plans for children from early childhood to adolescence with or at risk for neurodevelopmental disabilities.



1701 NE Columbia Rd, Seattle, WA 98195



(206)-598-9346

EARLY INTERVENTION SERVICES



Early Intervention/ Birth to three services:

Free full developmental evaluations for children under 3 years. Individualized supports and services for children that qualify.



For more information call: 1-(800)-322-2588

Easter Seals and Autism

Early intervention services help young children with disabilities achieve their goals in cognitive, social/emotional, communicative, adaptive and physical development. Services may include occupational therapy, physical and speech therapy. Easter Seals Washington also provides APA therapy, camping, and child development centers.



For more info call: (206)-281-5700

Kinderling Center

Kinderling embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage and the skills to soar. Kinderling's multiple locations are in Bellevue, Bothell, Redmond and Renton.



For more information call: (425) 653-4300

Northwest Autism Center

Gain access to early diagnosis and treatment; best practices in public education and healthcare; and the social supports necessary for optimal personal growth and the fullest level of participation within family and community.



Spokane Falls Blvd Suite 14 Spokane, WA 99202



(509) 328-1582

Childhaven

Childhaven's skilled early intervention staff provide a range of developmental therapies in home and community settings to children from birth up to their third birthday.

The team is staffed by skilled speech and motor therapists, special educators and family resource coordinators, working collaboratively to support the children and families in our care.



316 Broadway Seattle, WA 98122



(206) 624-6477

Child Find evaluation for Early Childhood Special Education:

Search **“child find” + the school district** in order to find evaluations for childhood special education. This site will lead you to school-based special education services for children that need accommodations or support to access education.

ACCESSING ABA THERAPY AND OTHER BEHAVIOR SUPPORT



Behavior support Team (BeST)

The Behavior Support Team (BeST) is an in-home behavior support therapy service for families with children who are diagnosed with developmental disabilities.

The team's goal is to help families improve coping with everyday stressors as well as to develop strategies to address more complicated behavioral and emotional issues. BeST services are provided free of charge for families in King County, part of DDA and for children between ages of 3-17.



For referral call: 1800-318-KIDS (5437).

Cooper House

Treats the social, emotional and behavioral challenges of infancy and early childhood.



225 14th Avenue East Seattle, WA 98112



(206) 402-3168

Informing Families, Building Trust (IFBT)

Informing Families is a resource provided by the Washington State Developmental Disabilities Council, in collaboration with the Developmental Disabilities Administration and other partners throughout the state.

Contact via Website:



<https://informingfamilies.org/contact-us/>

Carina care

Carina Care is a meeting place for a variety of Individual Providers. The amount of training a care provider has received depends on their provider classification and is described in more detail within the training section of each provider's profile.



For more information call: 1-844-797-8901

Classes for Families of Children with Autism

Seattle Children's sponsors the Autism 101 and Autism 200 series. These classes are held at Seattle Children's main campus in room RC.3.905, near the River entrance. They can also be viewed at various sites across Washington State and Alaska.



For more information: <http://www.seattlechildrens.org/clinics-programs/autism-center/resources/>

- **Autism 101:** for parents & families of children recently diagnosed with autism
- **Autism 200:** for parent & caregivers of children with autism who wish to better understand autism
- No need to register in advance for these classes.

Within Reach

Within Reach Family Health Hotline: Toll-free, statewide child and family health Information and referral line. Offering free or low-cost health insurance, food resources, immunizations, breastfeeding support, family planning services, parenting support, child development screening services.

Call center hours:

Monday to Thursday 8:00am to 5:30pm,

Friday 8:00am to 5:00pm.



1-800 322-2588 or 1-800-833-6388.

Parenthelp123 Resource Finder:

A service of WithinReach, ParentHelp123 Resource Finder can help providers and families in Washington State find resources for health and food needs online.



<http://www.parenthelp123.org/resources/resource-finder>

Wellspring Counseling:

Provides counseling services in multiple locations including Downtown Seattle, Rainier Avenue South Seattle, and Redmond, making it easy for you to find the right therapist who is close by and available to help. Offers daytime and evening appointments when available and services are covered by most insurance plans.



For more info call: 206-524-9055

Sound Services:

Sound is dedicated to helping children and youth overcome mental health, intellectual/developmental and addiction issues. Offerings include school-based services, individual counseling, addiction treatment programs and much more.



For more info call: (206) 901-2000 Tukwila WA

NAVOS:

If you're the parent or caregiver of a child affected by trauma or mental illness, NAVOS is here to help. Promotes sound social and emotional development in children who've experienced abuse, neglect or other trauma. Navos has two locations in Burien and one location in west Seattle. Counseling for children/youth can be performed, discreetly, in school settings.



For more info call: 206-248-8226

PARENT SUPPORT



Parent to Parent

Provides a network of peer support, information & referral and educational workshops to families of children with autism and other special needs and/or disabilities, (many communities also have ethnic outreach coordinators).



For more info call 206-296-0100 – all of King county.

Father's Network

Local support groups & information around the state for fathers raising children with special health care needs & developmental disabilities.



19801 North Creek Pkwy ste 200, Bothell, WA 98011



(425) 653-4286

Aspiring Youth

Students develop tools and confidence to navigate their social world. Through consultation with parents, teachers and providers, they help students apply these new skills to their social, academic and family life.



2400 NE 95th St, Seattle, WA 9811



(206) 517-0241

FEAT of Washington

(Families for Effective Treatment of Autism)

FEAT provides families with hope and guidance to help their children with autism reach their full potential.



14434 NE 8th St #2, Bellevue, WA 98007



(425)-223-5126 ext 100

Open Doors for Multicultural Families

Dedicated to the needs of diverse families living in south King County who have loved ones with developmental disabilities & special health care needs.



24437 Russell Rd #110, Kent, WA 98032



(253)-216-4479

Somali Health Board

Somali Health Board's Family Resource Navigator supports family by providing resources and support families need. SHB's Parent Ambassadors host monthly parents support group that is culturally appropriate for parents with children diagnosed with autism and developmental disabilities.



625 Strander Blvd, Suite B, Tukwila, WA 98188



(253)-277-7563

The Arc of King County

Serves all people with intellectual and developmental disabilities across the lifespan: From prenatal diagnosis through end of life care. Programs including information and family support, supported living services, homelessness prevention and advocacy.



233 6th Ave N, Seattle, WA 98109



(206) 364-6337

FamilyWorks

Connects families to nourishing food, essential resources, and a supportive community, so people can build resiliency to meet life's challenges.



1501 N 45th St, Seattle, WA 98103



(206) 694-6727

NAVIGATING THE SCHOOL SYSTEM:



Partnerships for Action Voices for Empowerment (PAVE)

Provides support, advocacy, training and informational resources to empower families and individuals with disabilities.

 **6316 S 12th St, Tacoma, WA 98465**

 **(253) 565-2266**

Office of the Education Ombudsman (OEO)

Support to resolve complaints, disputes & problems between families and K-12 public schools. Services include all areas that affect student learning, including special education.

 **155 NE 100th St #210, Seattle, WA 98125**

 **(866)-297-2597**

Early Intervention/ Birth to three services

Free full developmental evaluations for children under 3 years. Individualized supports and services for children that qualify.

 **For more information call 1-800-322-2588.**

Child Find evaluation for Early Childhood Special Education:

Search **“child find”** + **the school district** in order to find evaluations for childhood special education. This site will lead you to school-based special education services for children that need accommodations or support to access education.

Child Care Resources:

Supports families in their search for childcare, assists families experiencing homelessness with child care costs, coaches and provides resources for child care professionals, and trains and empowers low-income and refugee women pursuing careers in early learning.



1225 S Weller St #300, Seattle, WA 98144



(206)329-1011

Seattle Preschool Program:

Their goal is to make quality preschool affordable for all. Provides free or affordable tuition for families to attend preschool in high quality classrooms run by Seattle Public Schools and community-based organizations across the city.



For more information call: (206) 386-1050

Head Start:

Head Start and Early Head Start programs offer a variety of service models, depending on the needs of the local community. Many Head Start and Early Head Start programs are based in centers and schools. Other programs are located in child care centers and family child care homes.

Some programs offer home-based services that assign dedicated staff who conduct weekly visits to children in their own home and work with the parent.



For more information call: 1-866-763-6481

ADVOCACY GROUPS



ARC of King County

At the Arc of King County teaches civic engagement and leadership skills and connect people to opportunities so they can be the change they want to see. They specialize in civil rights activism, grassroots advocacy, and policy leadership.



For more info call: (206) 364-6337

Autism Speaks

The nation's largest autism science and advocacy organization. Has an Autism Response Team which is an information line for the autism community? These team members are specially trained to provide personalized information and resources to people with autism and their families.



1-888-AUTISM2 (1-888-288-4762)



help@autismspeaks.org

Autistic Self-Advocacy Network

The Autistic Self Advocacy Network is a 501(c)(3) nonprofit organization run by and for autistic people. public policy advocacy, the development of autistic cultural activities, and leadership trainings for autistic self-advocates. Provides information about autism, disability rights, and systems change to the public through several different educational, cultural, and advocacy related projects.



For more info visit: autisticadvocacy.org

WA Autism Alliance & Advocacy

Support to families and individuals, help understanding and obtaining insurance coverage, access to vetted professional help and services, support group and respite care program, training, review, and evaluation of IEPs, and more.



16225 NE 87th St. Suite A2, Redmond, WA 98052



(425) 894-7231

Autism Society of Washington State

The mission of the Autism Society of Washington is to transform communities throughout Washington State to improve the lives of individuals with autism. Support to families, information & referral.



120 State Ave NE #303, Olympia, WA 98501



(888) 279-4968

FEAT of Washington – Families for Effective Autism Treatment

FEAT (Families for Effective Autism Treatment) provides a multitude of services. They offer family support, early intervention ABA services, teen social skills groups and grants for families to purchase autism related supplies and services.

For more information:



(425) 233-5126 ext 100



familyresources@featwa.org

Washington State Medical Home

Resources and support from the Washington State Department of Health. Medical Home is a model of primary health care that focuses on team-based care with the patient and family at the center. It can be especially helpful for individuals with disabilities and chronic health.

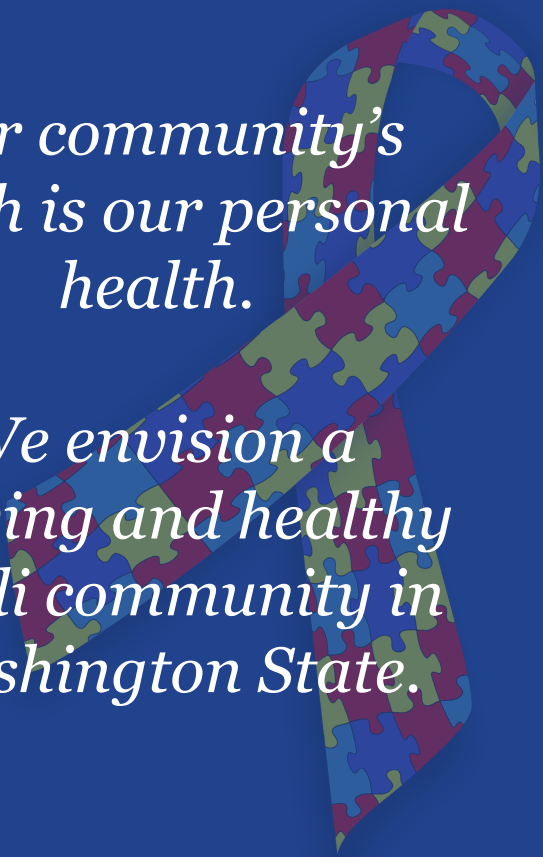
For more information:



206.685.1279



info@medicalhome.org



*Our community's
health is our personal
health.*

*We envision a
thriving and healthy
Somali community in
Washington State.*

Somali Health Board

Family Resource Navigator

Fartun Mohamed

fartun@somalihealthboard.org

253-277-7563