



SOMALI HEALTH BOARD

ASD & DEVELOPMENTAL DELAYS RESOURCE GUIDE

These resources are specifically tailored to the estimated 8,000 Somali people who reside in King County and their experiences to gain a deeper understanding of ASD and Developmental Delays. These resources are available to everyone regardless of identity.

Our Sponsors



About the guide

This guide was created to connect King County residents to local ASD and Developmental Delays providers.

Follow us

Follow us @somalihhealthboard on Facebook and Instagram, where we will continue to share information, resources, and raise awareness.

In Case Of Emergency

If you or a loved one is in a life-threatening emergency, please call 911.



EVALUATIONS, ASSESSMENT CLINICS & TREATMENT



EVALUATIONS, ASSESSMENT CLINICS & TREATMENT

Name	Contact Info	Description
Seattle Children's Hospital Autism Center	Contact: 206-987-8080 Address: 4909 25th AVE NE, Seattle, WA 98105 Website: https://www.seattlechildrens.org/clinics/	Seattle Children's Autism Center provides assessment, diagnosis, treatments, and support for autism spectrum. Seattle Children's offers a range of medical and mental health services for babies, children, and young adults.
UW Autism Center	Contact: 206-221-6806 OR Toll-free Information and Resource line: 877-408-8922 Address: 1900 Commerce St, Tacoma, WA 98402 Email: uwautism@uw.edu Website: https://depts.washington.edu/uwautism/	Clinical services, research, and training are devoted to supporting individuals and families affected by autism spectrum disorders (birth through young adulthood).
Lakeside Center for Autism	Contact: 425-657-0620 Address: 5150 Village Park Dr SE, Bellevue, WA 98006 Website: https://i-can.center/	A multidisciplinary program that provides both diagnostics and treatment for children with autism in addition to several neurodevelopmental disorders.
NW Autism Center	Contact: Community Connections Office (Spokane): (509)328-1582 Address: 528 E Spokane Falls Blvd Ste 14, Spokane, WA 99202 Website: https://www.nwautism.org/	Information and referral to services, providers, support, and resources in the Spokane area and beyond.
Boyer Children's Clinic	Contact: (206) 325-8477 Address: 1850 Boyer Ave E, Seattle, WA 98112 Website: https://www.boyercc.org/	Boyer's provides medical consultations, therapy programs, education, at-home and on-site therapy, including physical, occupational, and speech-language programs.

EVALUATIONS, ASSESSMENT CLINICS & TREATMENT

Name	Contact Info	Description
HopeCentral	Contact: (206) 455-9845 Address: 3826 S Othello St, Seattle, WA 98118 Website: https://www.hopecentralhealth.org/	Hope Central is a pediatric and behavioral health clinic and their care is optimized for any family wanting more time and a stronger relationship with their pediatrician as well as the added benefits of behavioral health primary care services led by a clinical psychologist.
International Center for Autism and Neurodevelopment (I-CAN) Center	Contact: Brian Tyl (206) – 771 – 4195 or (425) 657-020 Email: brityl@i-can.center Address: 5150 Village Park Dr SE Bellevue, WA 98006 Website: https://www.autismspeaks.org/provider/ican	ICAN (formerly Lakeside Center for Autism and Neurodevelopment) is the leader in the treatment, education, and diagnosis of autism and neurodevelopmental disorders in the Pacific Northwest.
Ryther Center for Children & Youth	Contact: (206) 517-0234 Address: 315 Lincoln Avenue Suite C-1 Mukilteo, WA 98275 Website: https://www.everetthelplink.org/ryther	Therapists use Cognitive Behavioral Therapy (CBT) to teach important skills to young people with Autism, ADHD, and other similar neuro-developmental traits. They partner with your child and your family, to help develop strategies towards improved executive functioning, emotional regulation, and social understanding.
Mary Bridge Children's Hospital & Health Center	Contact: (253) 403-1400 or 1-(800) 552-1419 Address: 317 Martin Luther King Junior Way, Tacoma, WA 98403 Website: https://www.marybridge.org/services/ready-set-go-5210/	MultiCare service offerings address virtually every level of health care, from family medicine to specialty care, from emergency medicine to chronic disease management.

EVALUATIONS, ASSESSMENT CLINICS & TREATMENT

Name	Contact Info	Description
University of Washington Child Development Clinic	Contact: 206-598-9346 Address: 1701 NE Columbia Road, Center on Human Development and Dis, Seattle, WA 98195 Website: https://www.uwmedicine.org/locations/infant-development-uwmc	The Child Development Clinic provides diagnosis, assessment, and management plans for children from early childhood to adolescence with or at risk for neurodevelopmental disabilities.
WA Autism Alliance & Advocacy	Contact: 425-894-7231 Address: 16225 NE 87th St, Redmond, WA 98052 Website: https://washingtonautismalliance.org/	Support to families and individuals, help to understand and obtain insurance coverage, access to vetted professional help and services, support group and respite care program, training, review, and evaluation of IEPs, and more.
Autism Society of Washington State	Contact: 1 (888)279-4968 Email: info@autismsocietyofwa.org Address: 120 State Ave NW, Olympia, WA 98501 Website: http://autismsocietyofwa.org/v2/	The mission of the Autism Society of Washington is to transform communities throughout Washington State to improve the lives of individuals with autism. Support to families, information & referral.
Autistic Self Advocacy Network (ASAN)	Website: www.autisticadvocacy.org	A national grassroots disability rights organization run by and for Autistic people. ASAN's members and supporters include Autistic adults and youth, cross-disability advocates, and non-autistic family members, professionals, educators, and friends.

EVALUATIONS, ASSESSMENT CLINICS & TREATMENT

Name	Contact Info	Description
FEAT of Washington (Families for Effective Treatment of Autism)	Contact: 425-223-5126 Address: 14434 NE 8th St, Bellevue, WA 98007	FEAT provides families with hope and guidance to help their children with autism reach their full potential.
Gemiini	Contact: 1-509-774-3252 Address: 920 N. Argonne Rd., Suite 309 Spokane Valley, WA 99212 Website: https://gemiini.org/#/get-started	This is an early intervention service for children which aims to provide their clinically proven program for those with a speech delay, Autism, or down syndrome. They offer language speech and behavioral skills through evidence-based therapy remotely.



PARENT SUPPORT



PARENT SUPPORT

Name	Contact Info	Description
Parent to Parent	Contact: 206-296-0100 – all of King County	Provides a network of peer support, information & referral, and educational workshops to families of children with autism and other special needs and/or disabilities.
Father's Network	Contact: 425-653-4286 Email: Louis Mendoza at louis.mendoza@kinding.org https://fathersnetwork.org/events2/	Local support groups & information around the state for fathers raising children with special health care needs & developmental disabilities.
Aspiring Youth	Contact: 206-517-0241 Email : info@aspiringyouth.net Address: 2400 NE 95th St, Seattle, WA 98115 Website: https://aspiringyouth.net/	Students develop tools and confidence to navigate their social world, through consultation with parents, teachers, and providers, they help students apply these new skills to their social, academic and family life.
Families for Effective Autism Treatment (FEAT)	Contact: 425-223-5126 Address: 14434 NE 8th St, Bellevue, WA 98007	Services include respite programs, family resources, clinical programs & support services for children with autism.
Open Doors for Multicultural Families	Contact: 253-216-4479 Address: 24437 Russell Rd. Suite # 110 Kent, WA 98032 Website: https://www.multiculturalfamilies.org/	Dedicated to the needs of diverse families living in south King County who have loved ones with developmental disabilities & special health care needs.
The Arc of King County	Contact: (206) 364-6337 Address: 233 6th Avenue North Seattle, WA 98109 Website: https://arcofkingcounty.org/	Serves all people with intellectual and developmental disabilities across the lifespan: From prenatal diagnosis through end-of-life care.

PARENT SUPPORT

Name	Contact Info	Description
<p>FamilyWorks</p>	<p>Contact: (206) 694-6727 Address: 1501 N 45th St, Seattle, WA 98103 Website: https://familyworksseattle.org/</p>	<p>Connects families to nourishing food, essential resources, and a supportive community, so people can build resiliency to meet life's challenges. FamilyWorks advocates with dignity, inclusion, and empowerment.</p>
<p>Washington connections</p>	<p>Website: https://www.washingtonconnection.org</p>	<p>Washington connection offers a fast and easy way for families and individuals to apply for a variety of services such as food, cash, childcare, long-term care, Medicare savings programs, Parental support, developmental screening, childcare, and youth service, among so many other services.</p>



SENSORY FRIENDLY ACTIVITIES



SENSORY FRIENDLY ACTIVITIES

Name	Contact Info	Description
Sensory Story Time at Seattle Public Library	Contact: (206) 386-4636 Address: 1000 4th Ave, Seattle, WA 98104 Website: http://www.spl.org/audiences/children/chi-for-parents-and-caregivers/sensory-story-times/sensory-story-time-calendar	Sensory Story Time is a time for children 10 and under, who may have a hard time in large groups, are on the autism spectrum or are sensitive to sensory overload to participate in a guided story time at a local Seattle Public Library.
Seattle Children's Playgarden	Contact: 206-325-5576 Email: info@childrensplaygarden.org Address: 1745 24th Ave S, Seattle, WA 98144 Website: https://childrensplaygarden.org/	This fully accessible public playground engages kids with Down syndrome, autism, cerebral palsy, hearing or vision impairments and other disabilities in ways a typical playground is not.
Pacific Science Center Early Open	Contact: (206) 443-2001 Address: 200 2nd Ave N, Seattle, WA 98109 Website: https://www.pacificsciencecenter.org/events-programs/	Autism Early Open at Pacific Science Center will feature special programming and modified exhibits all catered to families with special needs. The center will open the second Saturday of each month, two hours prior to its opening for the public, for families with special needs at no cost.
Super Saturdays by FEAT of Washington	Contact: Traci Russell-425-223-5126 Email: traci.russell@featwa.org Address: 14434 NE 8th St, Bellevue, WA 98007	A program hosted by FEAT, Super Saturdays provide a structured, fun, and safe environment for your child with autism. Their goal is to promote positive play and social interactions between children with autism and their typical siblings and peers.
AMC Sensory Friendly Films	Locations: Cascade Mall 14 in Burlington, Kent Station 14 in Kent, Lakewood Mall 12 in Lakewood, Woodinville 12 in Woodinville	At these showings, auditoriums will have their lights up, the sound turned down and audience members are invited to get up and dance, walk, shout or sing. Check your local theater before attending.

SENSORY FRIENDLY ACTIVITIES

Name	Contact Info	Description
<p>Children's Museum of Tacoma</p>	<p>Contact: 253-627-6031 Address: 1501 Pacific Ave, Tacoma, WA 98402 Website: https://greentrike.org/</p>	<p>The Children's Museum of Tacoma invites families of children with special needs to play at the museum every Tuesday, 10–11:30 a.m., in its program called Tuesday Play Days.</p>
<p>Meadow Crest Playground</p>	<p>Contact: (425) 204-2200 Address: 1800 Index Ave NE, Renton, WA 98056 Website: https://meadowcrest.rentonschools.us/</p>	<p>This newer playground in Renton was designed to be accessible and fun for all ages and abilities with some features that are wheelchair accessible.</p>



NAVIGATING THE SCHOOL SYSTEM



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Name	Contact Info	Description
Partnerships for Action Voices for Empowerment (PAVE)	Contact: 253-565-2266 Address: 6316 S. 12th St, Tacoma, WA 98465 Website: https://wapave.org/	Provides support, advocacy, training, and informational resources to empower families and individuals with disabilities.
Office of the Education Ombudsman (OEO)	Contact: toll free: 1-866-297-2597 or 206-748-5613 Address: 155 N.E. 100th St. #210 Seattle, WA 98125-8012 Website: https://www.digitalarchives.wa.gov/GovernorGregoire/oeo/default.asp	Support to resolve complaints, disputes & problems between families and K-12 public schools. Services include all areas that affect student learning, including special education.
Early Intervention/ Birth to three services	Contact: 1-800-322-2588 Learn more: http://www.parenthelp123.org/family-health-hotline/	Free full developmental evaluations for children under 3 years. Individualized supports and services for children that qualify.
Child Find evaluation for Early Childhood Special Education	Search "child find" + the school district to find evaluations for childhood special education	This site will lead you to school-based special education services for children that need accommodations or support to access education.
Child Care Resources	Contact: (206)329-1011 Address: 841 Central Ave N Ste C-230 Ste C-232, Kent, WA 98032 Website: https://www.childcare.org/	Supports families in their search for childcare, assists families experiencing homelessness with childcare costs, coaches and provides resources for childcare professionals, and trains and empowers low-income and refugee women pursuing careers in early learning.
Seattle Preschool Program	Contact: (206) 386-1050 or (206) 233-5118 Address: 700 5th Ave, Suite 1700, Seattle, WA, 98104 Website: http://www.seattle.gov/education/for-parents/child-care-and-preschool/seattle-preschool-program	Provides free or affordable tuition for families to attend preschool in high quality classrooms run by Seattle Public Schools and community-based organizations across the city.

NAVIGATING THE SCHOOL SYSTEM

Name	Contact Info	Description
Head Start	Contact: 1-866-763-6481 Email: HeadStart@eclkc.info Address: LOCATE NEAREST HEADSTART HERE https://eclkc.ohs.acf.hhs.gov/center-locator Website: https://www.acf.hhs.gov/ohs/about/head-start	Head Start and Early Head Start programs offer a variety of service models, depending on the needs of the local community. Some programs offer home-based services that assign dedicated staff who conduct weekly visits to children in their own home and work with the parent.



ACCESSING ABA THERAPY AND OTHER BEHAVIOR SUPPORT



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Name	Contact Info	Description
Washington Autism Alliance and Advocacy (WAAA)	Contact: 425-894-7231 Address: 721 4th Ave. #891 Kirkland, WA 98033 Website: https://washingtonautismalliance.org/	Provides support, information & advocacy for children and adults with autism, including information on accessing ABA therapy.
Behavior support Team (BeST)	Contact: 1-800-318-KIDS (5437) OR 206 248 8226 Address: 2600 SW Holden St, Seattle, WA 98126 Website: www.navos.org/get-help/children-youth-families/best-program/	The team's goal is to help families improve coping with everyday stressors as well as to develop strategies to address more complicated behavioral and emotional issues. Services are free of charge for families in King County, part of DDA and for children ages 3-17.
Cooper House	Contact: (206) 402-3168 Address: 225 14th Ave E, Seattle, WA 98112 Website: https://www.cooperhouse.org/	Treats the social, emotional, and behavioral challenges of infancy and early childhood
Informing Families, Building Trust (IFBT)	Website: https://informingfamilies.org/	Informing Families is a resource provided by the Washington State Developmental Disabilities Council, in collaboration with the Developmental Disabilities Administration and other partners throughout the state
Carina care	Contact: 1-844-797-8901 Email: info@carinacare.com Address: 215 Columbia Street, Suite 500 Seattle, WA 98104 Website: https://www.carinacare.com/	Carina care is a meeting place for a variety of Individual Providers. The amount of training a care provider has received depends on their provider classification and is described in more detail within the training section of each provider's profile.
Parenthelp123 Resource Finder:	For more information go to: http://www.parenthelp123.org/resources/resource-finder	A service of WithinReach, ParentHelp123 Resource Finder can help providers and families in Washington State find resources for health and food needs online,

ACCESSING ABA THERAPY AND OTHER BEHAVIOR SUPPORT

Name	Contact Info	Description
Azure Behavioral Solutions:	Contact: 1-888-962-9873 x802 Katherine Woodhouse intakes@azurebehavior.com	Provides ABA services in home, school and community settings, 24/7, for children, adolescents and adults. Most commercial insurance plans accepted. Some Medicaid plans accepted.
Wellspring Counseling	Contact: 206-524-9055 Address: 1900 Rainier Ave S, Seattle, WA 98144 Website: https://wellspringfs.org/	Provides counseling services in multiple locations including Downtown Seattle, Rainier Avenue South Seattle, and Redmond, making it easy for you to find the right therapist near you.
Sound Services	Contact: (206)901-2000 Email: admissions@sound.health Address: 6400 Southcenter Blvd Tukwila, WA 98188 Website: https://www.sound.health/contact/	Sound is dedicated to helping children and youth overcome mental health, intellectual/developmental and addiction issues. Offerings include school-based services, individual counseling, addiction treatment programs and much more.
NAVOS	SEATTLE Contact: 206-248-8226 Address: 2600 SW Holden St, Seattle, WA 98126 BURIEN Contact: (206) 257-6600 Address: 1210 SW 136th St, Burien, WA 98166 Website: https://www.navos.org/	Promotes sound social and emotional development in children and adults who've experienced abuse, neglect, or other trauma. Also helps children with mental illness understand their condition, recover from it, and develop the tools to build a successful life.
Childcare aware	Contact: Toll free – 1 800-446-1114 or 253-383-1735 Address: 1001 Pacific Avenue, Suite 400 Tacoma, WA 98402 Website: https://childcareawarewa.org/families/	Childcare Aware is a program that prepares children to be successful in school through high-quality childcare centers. They help every child and family find their right fit to ensure they get access programs that support development by connecting them to providers that care for children with developmental delays.



EARLY INTERVENTION SERVICES



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Name	Contact Info	Description
Early Intervention/ Birth to three services:	Contact: 1-800-322-2588. Debi Donelan (206) 512-5302 ddonelan@kingcounty.gov Liz Espinosa-Snow (206) 502-5059 esnow@kingcounty.gov	Free full developmental evaluations for children under 3 years. Individualized supports and services for children that qualify.
Child Find evaluation for Early Childhood Special Education	Search "child find" + the school district in order to find evaluations for childhood special education.	This site will lead you to school-based special education services for children that need accommodations or support to access education.
Gemiini	Contact: 1-509-774-3252 Address: 920 N. Argonne Rd., Suite 309 Spokane Valley, WA 99212 Website: https://gemiini.org/#/get-started	This is an early intervention service for children which aims to provide their clinically proven program for those with a speech delay, Autism, or down syndrome. They offer language speech and behavioral skills through evidence-based therapy remotely.
Northwest Autism Center	Contact: 509-328-1582 Address: 528 E Spokane Falls Blvd Ste 14, Spokane, WA 99202 Website: https://www.nwautism.org/	Gain access to early diagnosis and treatment; best practices in public education and healthcare; and the social supports necessary for optimal personal growth and the fullest level of participation within family and community.
Northwest Behavioral Associates	Contact: (425) 822-6442 Address: 3003 Northup Way Ste 200, Bellevue, WA 98004 Website: https://nba-autism.org/	Nonprofit organization that provides individualized therapy and education for children with autism and related disorders, and their families, and to promote awareness of autism in the community.

EARLY INTERVENTION SERVICES

Name	Contact Info	Description
<p>Easter Seals and Autism</p>	<p>SEATTLE Contact: 206-281-5700 Address: 200 W Mercer St 210E, Seattle, WA 98119 Contact: (206) 764-3492 Address: 4735 E Marginal Way S, Seattle, WA 98134 SEATAC Contact: (206) 816-3255 Address: 4040 S 188th St Ste #101, SeaTac, WA 91888 Website: https://www.easterseals.com/our-programs/autism-services/</p>	<p>Early intervention services help young children with disabilities achieve their goals in cognitive, social/emotional, communicative, adaptive and physical development. Services may include occupational therapy to help an infant learn to hold her bottle, physical therapy to help her learn to roll over, or speech therapy to help her learn to eat. Easter Seals Washington provides APA therapy, camping, and child development centers.</p>
<p>Kindering Center</p>	<p>Contact: (425) 747-4004 Address: 16120 NE 8th Street Bellevue, Washington 98008 BOTHELL- 19801 North Creek Pkwy Bothell, WA 98011 REDMOND - 15301 NE 90th Street, Suite 120, Redmond, WA 98052 RENTON - 1700 Edmonds Ave NE Suite B, Renton, WA 98056 Website: https://kinding.org/</p>	<p>Kindering embraces children of diverse abilities and their families by providing the finest education and therapies to nurture hope, courage, and the skills to soar.</p>



ADVOCACY GROUPS

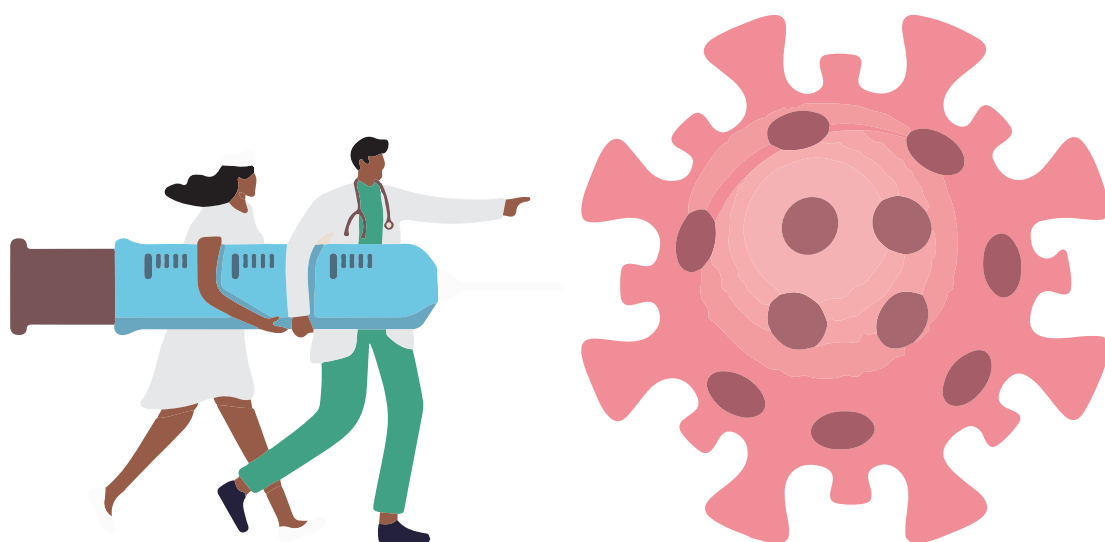


ADVOCACY GROUPS

Name	Contact Info	Description
Within Reach	Contact: 1-800 322-2588 or (206) 284-2465 Email: info@withinreachwa.org Address: postal- 155 N.E. 100th St., #500 Seattle, WA 98125 Website: https://withinreachwa.org/who-we-are	Offers free or low-cost health insurance, food resources, immunizations, breastfeeding support, family planning services, parenting support, child development screening services, and many other social and health programs, including information for children with special health care needs
ARC of King County	Contact: (206) 364-6337 Address: 233 6th Avenue North Seattle, WA 98109 Website: https://arcofkingcounty.org/	Teaches civic engagement and leadership skills and connect people to opportunities so they can be the change they want to see. They specialize in civil rights activism, grassroots advocacy, and policy leadership
Autism Speaks	Contact: 1-888-AUTISM2 (1-888-288-4762 or (206) 464-5182 Email: services@autismspeaks.org Address: 159 Western Ave W, Seattle, WA 98119 Website: https://www.autismspeaks.org/	The nation's largest autism science and advocacy organization. These team members are specially trained to provide personalized information and resources to people with autism and their families
Autistic Self-Advocacy Network	Contact: info@autisticadvocacy.org Website: https://autisticadvocacy.org/	The Autistic Self Advocacy Network is a 501(c)(3) nonprofit organization run by and for autistic people. public policy advocacy, the development of autistic cultural activities, and leadership trainings for autistic self-advocates

ADVOCACY GROUPS

Name	Contact Info	Description
Autism Society of America	Contact: 1 (800) 328-8476 Email: info@autism-society.org Website: https://www.autism-society.org	The Autism Society of America advocates for federal public policies that improve the lives of children and adults with autism.
FEAT of Washington – Families for Effective Autism Treatment	Contact: Alma Lara, Family Resource Coordinator 425-463-4790 Email: alma.lara@featwa.org	FEAT provides a multitude of services. They offer family support, early intervention ABA services, teen social skills groups and grants for families to purchase autism related supplies and services.
Washington State Medical Home	Contact: 206-685-1279 Email: info@medicalhome.org Website: https://medicalhome.org/	Resources and support from the Washington State Department of Health. Medical Home is a model of primary health care that focuses on team-based care with the patient and family at the center.
Childcare aware	Contact: Toll free – 1 800-446-1114 or 253-383-1735 Address: 1001 Pacific Avenue, Suite 400 Tacoma, WA 98402 Website: https://childcareawarewa.org/advocacy/	The Autistic Self Advocacy Network is a 501(c)(3) nonprofit organization run by and for autistic people. public policy advocacy, the development of autistic cultural activities, and leadership trainings for autistic self-advocates



COVID-19 RESOURCE SERVICES



COVID-19 RESOURCE SERVICES

Name	Contact Info	Description
Somali Health Board (SHB)	Contact: (253) 277-7563 Address: 545 Andover Park W Ste 105, Tukwila, WA 98188 Website: https://somalhealthboard.org/about/	A public, non-profit concerned about the health disparities that disproportionately affect new immigrants and refugees within King County, with ambitious goals of eliminating and reducing health disparities. SHB provides mobile covid testing, vaccine, and education for children at different school sites around king county. Click here for schedule: https://somalhealthboard.org/8-health-fair/
Washington connections	Website: https://www.washingtonconnection.org	Washington Connections offers multiple benefits and easy ways to apply to their service. Parental support, developmental screening, childcare, and youth service are among the services they provide. They also aid in food, housing, cash, long-term care, employment among so many other services designed to assist low-income families.
Financial Resources (DFI)	Contact: 1-877-746-4334 or (360) 664-7866 Address: 150 Israel Rd SW, Tumwater, WA 98501 Website: https://dfi.wa.gov/coronavirus/financial-resources	Washington State Department of Financial Institutions is helping with financial hardship during the covid-19 pandemic. Assistance ranges from unemployment, student loans, rent help, credit card debt, medical assistance cash, food and a variety of other resources.

COVID-19 RESOURCE SERVICES

Name	Contact Info	Description
DEAFBLIND SERVICE CENTER	Contact: 206-455-7932 (VIDEO PHONE) Address: 1620 18th Avenue, Suite #200, Seattle, WA 98122 Website: https://wctest.seattledbsc.org/	The Deafblind center is a service center that serves as an assistant for individuals who are deafblind, so their quality of life reaches and stays at the highest level possible.
Behavioral Health (Dept of Health)	Contact: 360-725-6025 Email: sbe@k12.wa.us Website: https://www.sbe.wa.gov/news/behavioral-health-resources-during-covid-19-dept-health	The Washington State Board of Education has a comprehensive behavioral health resource guide amidst the covid 19 pandemic that provides tips for families on how to navigate emotional response during such a difficult time.

SOMALI HEALTH BOARD

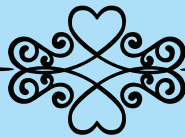
ASD & DEVELOPMENTAL DELAYS RESOURCE GUIDE



“Take your time healing, as long as you want. Nobody else knows what you’ve been through. How could they know how long it will take to heal you?”

by

“Abertoli”





Contact us:



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